

Sunday of the Expulsion of Adam from Paradise
Cheesefare Sunday
Romans 13: 11 – 14: 4 Matthew 6: 14 – 21

Beatitude Verses

6 from Octoechos for Resurrection
4 from Triodion: Canon Ode 6

People: In Your kingdom remember us, O Lord, when You come into Your kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of heaven.
Blessed are those who mourn, for they shall be comforted!
Blessed are the meek, for they shall inherit the earth!

Reader: O Christ the Savior of the world, remember us as You remembered the robber on the Cross; and count us all worthy of Your heavenly kingdom, O You who alone are compassionate.

People: Blessed are those who hunger and thirst after righteousness, for they shall be filled!

Reader: Listen, O Adam, and rejoice with Eve; for he who of old stripped you both naked, and took all of us captive by deception, has been defeated by the Cross of Christ.

People: Blessed are the merciful, for they shall obtain mercy!

Reader: O our Savior, of Your own will You were nailed to the Tree of the Cross. You freed Adam from the curse which came through the tree of the fruit, and as You are compassionate, You rewarded Your creation made in Your image with a dwelling in paradise.

People: Blessed are the pure in heart, for they shall see God!

Reader: Today Christ is risen from the tomb, granting incorruption to all the faithful; and He renews the joy of the myrrh-bearing women after His suffering and resurrection.

People: Blessed are the peacemakers, for they shall be called children of God!

Reader: Rejoice, O wise myrrh-bearing women, who were first to behold the resurrection of Christ, and who proclaimed to the apostles the glad tidings of the restoration of the whole world!

People: Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven!

Reader: O apostles, you are manifestly the friends of Christ and are to be enthroned with Him in glory: entreat Him with boldness, that He intercede for us, for you are His disciples.

People: Blessed are you when people revile you, persecute you, and say all kinds of evil against you falsely for my sake!

Reader: O Savior, in Your compassion You clothed me in Eden with a divinely woven garment; but persuaded by the devil, I neglected Your commandment and was stripped naked in my wretchedness.

People: Rejoice, and be exceedingly glad, for great is your reward in heaven!

Reader: O miserable soul, you have departed far from God through your carelessness; you have been deprived of the delight of Paradise and parted from the angels; you have been led down into corruption. O how fallen you are!

People: **Glory** to the Father, and to the Son, and to the Holy Spirit.

Reader: Almighty God, have mercy and take pity on the work of Your hands. I have cut myself off from the choir of Your angels; but I entreat You loving Lord, do not reject me.

People: **Now** and ever, and to the ages of ages. Amen.

Reader: O Mary chosen by God, Queen of the world, you have given birth to the Lord who is King of all and Redeemer. I am a prisoner and an exile from the glory of Paradise: I entreat you, call me back.

Troparia & Kontakia

Resurrection Troparion Tone 8

People:
You descended from the heights O Compassionate One,
You accepted a three-day burial
to free us from our passions,
Glory to You O Lord, our Life and Resurrection.

People: Glory to the Father, and to the Son, and to the Holy Spirit.

**Kontakion of the Expulsion of Adam from Paradise
Tone 6**

People:

O Master, Guide to wisdom, /
Giver of prudent counsel, Instructor of the foolish and Champion of the poor: /
make firm my heart and grant it understanding. /
O Word of the Father, grant me speech, /
for see, I shall not stop my lips from crying out to You: //
have mercy on me who have fallen.

People: Now and ever and to the ages of ages. Amen.

**Resurrection Kontakion
Tone 8**

People:

O Greatly-merciful Lord, /
Having risen from the tomb, You raised the dead /
and resurrected Adam. /
Eve also rejoices at Your Resurrection, //
and the ends of the world celebrate Your arising from the dead.

**Prokeimenon
Tone 8**

Deacon: Let us attend.

Priest: Peace be to all.

Reader: And to your spirit.

Deacon: Wisdom!

Reader: The Prokeimenon in the 8th Tone: Make your vows to the Lord Your God and keep them.

People: Make your vows to the Lord Your God and keep them.

Reader: In Judah God is known; His name is great in Israel.

People: Make your vows to the Lord Your God and keep them.

Reader: Make your vows to the Lord Your God.

People: And keep them.

Deacon: Wisdom!

Reader: The Reading is from the Epistle of the Holy Apostle Paul to the Romans.

Deacon: Let us attend.

Epistle
Romans 13: 11 – 14: 4

Reader: Brethren, do this, being aware of the time: it is already time for you to awaken from sleep, for salvation is now nearer to us than when we first believed! The night is far gone, and the day is near. Let us therefore throw off the works of darkness, and let us put on the armor of light. Let us walk decently, as in the day; not in parties and drunkenness, not in sexual immorality and lustful acts, and not in strife or jealousy. Instead, put on the Lord Jesus Christ and do not think how to satisfy the flesh and its lusts. Accept the one who is weak in faith, but not to enter into arguments over disputable matters. One has faith to eat all things while the weak eats only vegetables. The one who eats everything should not look down on the one who does not eat. The one who does not eat should not judge the one who eats because God has accepted him. Who are you who judge someone else's servant? He stands or falls to his own master! Yes, that one will be made able to stand, because God has the power to make someone stand.

Priest: Peace be to you the reader.

Reader: And to your spirit.

Deacon: Wisdom!

Alleluarion
Tone 6

Reader: Alleluia in the 6th Tone.

People: Alleluia, alleluia, alleluia.

Reader: It is good to give thanks to the Lord and to sing to Your name, O Most High.

People: Alleluia, alleluia, alleluia.

Reader: To proclaim Your mercy in the morning and Your truth at night.

People: Alleluia, alleluia, alleluia.

Gospel

Deacon: Bless Master, him who proclaims the Holy Gospel of the Holy, Apostle and Evangelist Matthew.

Priest: May God, through the intercessions of the holy, glorious, all praised Apostle and Evangelist Matthew, enable you to proclaim the Good News with great power, for the fulfillment of the Gospel of His Beloved Son, our Lord Jesus Christ.

Deacon: Amen.

Priest: Wisdom! Arise! Let us listen to the Holy Gospel. Peace be to all.

People: And to your spirit.

Deacon: The Reading is from the Holy Gospel according to Saint Matthew.

People: Glory to You, O Lord, glory to You.

Priest: Let us attend.

Deacon: **Matthew 6: 14 – 21**

People: Glory to You, Lord, glory to You.

Communion Verse (Koinonikon)

People: Praise the Lord in the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia.